



East Sussex Safeguarding Adults Board Monthly Digest August 2024

This latest roundup includes Partners in Care's Autumn Conference, Suicide Awareness Workshops, CIRCLE Resource Launch, Be Wildfire Ready, Coastal Routes Recovery, ESRA Annual Recovery event, and NPCC National Policing Statement – Violence Against Women & Girls.

Have an interesting item? Please get in touch
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Autumn Conference: Supporting better safeguarding



One of the strategic priorities of Partners in Care is to champion the safeguarding agenda across East Sussex and Brighton and Hove.

The Autumn conference will focus on how Partners in Care can work closely with safeguarding partners to continuously improve the safeguarding service that is being offered.

To book a place to attend this conference, click [here](#).

Suicide Awareness Workshop- How You Can Make a Difference

10th September is World Suicide Prevention Day. To those who are not experiencing these thoughts or feelings or have never experienced them, it can be difficult to understand and know how to support people who are.

Suicide remains one of the leading causes of death worldwide, so it's important to raise awareness and be equipped with the knowledge and skills to offer compassionate support to colleagues, friends and family.

ESCC are running two workshops developed and delivered by two of the Council's Mental Health First Aid Instructors. These 90-minute interactive workshops aim to raise awareness about suicide, equip you with skills and knowledge of how to spot

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signs, how to talk to someone that might be in a crisis or at risk, and offer compassionate support whilst guiding individuals toward professional help.

To book a place on these workshops click [here](#) or [here](#).

The VCSE is now Sussex-wide



The VCSE (Voluntary, Community and Social Enterprise) Mental Health network is now Sussex-wide, bringing together members from West Sussex, Brighton & Hove and East Sussex.

New social media platforms have been launched and links to these can be found below:

[Facebook](#), [Linked In](#), [X](#), [Email](#).

Accessing community mental health support: Tell us your views

What is your experience of trying to get community mental health support in East Sussex for yourself or someone else? If you've tried to access community support in the last six months, then we'd value your feedback.



To share your feedback, click [here](#).

CIRCLE Resource Launch Event



At least 1.5 million people in the UK identify as LGBTQ+. They may have a greater need to access social care, specifically residential care, as they are more likely to live alone. Research shows that older people who are LGBTQ+ experience discrimination when they use social care services, including residential care homes.

As part of the CIRCLE project, the team along with experts with lived experience and those that work in the sector, have co-designed a free resource for residential care homes to use. The aim of the resource is to introduce the key principles of LGBTQ+ inclusive practice and to highlight the benefits of investing in a full inclusive practice programme.

This event will officially launch the new resource, and the co-design team will be presenting on the content. To attend the one-hour online launch on 11th September, click [here](#).

Service Spotlight - Coastal Routes Recovery

Coastal Routes Recovery is a Lived Experience Recovery Organisation for drug and alcohol addiction covering the whole of East Sussex. CRR is led by people in recovery for the benefit of people in recovery. Free to join and clients can decide what CRR can help them with.



Some of the activities that are already running include Wellbeing Waters Fishing Club on alternate Mondays, Tennis Club and Book Club on a Thursday, The Friday Night Lounge every Friday and there is also a drop in session at Change Grow Live (Lift House, Eastbourne) every Wednesday.

For more information visit their Facebook page, [here](#).

ESRA Annual Recovery Event



ESRA is holding their annual recovery event to celebrate people's recovery. This will be an opportunity to meet clients and hear their amazing stories.

Activities include yoga, art activities and hand massages. There is also opportunity to meet other organisations.

To book a place at this event, click [here](#).

Telecare Users warned of scams

Warnings have been issued to residents after a rise in scams related to the nationwide switchover to digital landlines. East Sussex County Council is calling on people who use telecare services to be alert to unsolicited calls from scammers, or lifeline companies mis-selling products.



Phone scams to watch out for include a caller saying your current telecare service has stopped trading and you should change provider, or they can offer a better service. Criminals may also use phishing emails or fake websites.

For more information, click [here](#).

Free NHS Lung Health Checks



More than 400 people from the Hastings and St Leonards area have already taken up the offer to have a free NHS lung health check.

Local GP practices have been contacting registered patients aged 55-74 by text about the checks, which take a look at the person's lung health. The checks are only for people who currently smoke or have smoked in the past, so people can let InHealth know using the contact details in the letter if this does not apply to them.

For more information, click [here](#).

NPCC National Policing Statement – Violence Against Women & Girls



Violence Against Women and Girls (VAWG) has reached epidemic levels in England and Wales, in terms of its scale, complexity and impact on victims. Police have seen a 37% increase in recorded VAWG related crimes from 2018/19 to 2022/23 and estimate that at least 1 in every 12 women will be a victim of VAWG every year (2 million victims) and 1 in 20 adults in

England and Wales will be a perpetrator of VAWG every year (2.3 million perpetrators).

To read the statement in full, click [here](#).

Pan Sussex Domestic Abuse Safe Accommodation and Support Survey

Domestic abuse is everybody's business, and ESCC regularly seek the views and opinions from residents across Sussex to find out how best to ensure that the issues are understood, and to ensure they are delivering the right support options, in the best way, at the time they are needed.

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In this consultation, ESCC are asking questions about how well domestic abuse is understood, how much you know about the support services on offer and how well they are serving the communities.

For more information and to take the survey, click [here](#).

Be Wildfire Ready

East Sussex Fire and Rescue Service is encouraging the local community to be #WildfireReady.

With the increasing risk of wildfires during the dry summer months, the service aims to educate communities and visitors about the importance of wildfire prevention and preparedness. The campaign includes various activities and engagement efforts designed to reduce the occurrence and impact of wildfires in East Sussex.



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For more information and resources, click [here](#).

Safeguarding Training.

Please see details below of the East Sussex Safeguarding Adults Board (SAB) multi-agency training courses with places still available. All these courses can be found on the [Safeguarding page on the Adult Social Care section of the East Sussex County Council Learning Portal](#).

[Safeguarding Adults Board Multi-Agency: Self Neglect – 10/03/2025](#)

[Domestic Abuse: SAB multi-agency training: DASH, MARAC and Safety Planning – 21/10/2024 & 05/02/2025](#)

[Modern Slavery Awareness Workshop – 09/09/2024 & 11/02/2025](#)

Please cascade this information to relevant staff within your agencies and promote these opportunities for continuing professional development. Courses may be delivered face to face or virtually so make sure you check the course details when booking.

e- Learning:

Some courses have prerequisite e-Learning to be completed before you attend the course. If your course requires you to complete e-Learning this will be explained in the 'Additional Information' section in the course details. To see all e-Learning modules please visit [e-learning site](#). You will need to create an account to access the e-Learning.

Get in Touch – We would love to hear from you!



Suggestions or comments are welcome, or if you wish to unsubscribe contact us at

ESSAB.Contact@eastsussex.gov.uk

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