

**East Sussex Safeguarding Adults Board Monthly Digest**

**May 2023**

This latest roundup includes SAR Charlie Executive Summary, Carers Week, Supporting Adults with Alcohol Misuse, Domestic Abuse Act Amendment, Supporting trans, non-binary, and intersex adults in Sussex, Victims fleeing domestic abuse given lifeline payments, SCIE Care Act 2014 Training videos and upcoming Training opportunities.

Have an interesting item? Please get in touch [**ESSAB.Contact@eastsussex.gov.uk**](mailto:ESSAB.Contact@eastsussex.gov.uk)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Safeguarding Adult Review (SAR) Charlie Executive Summary**

The ESSAB have published an [Executive Summary of SAR Charlie](https://www.eastsussexsab.org.uk/documents/executive-summary/) which explores the circumstances that led to the death of an 18-year-old trans male.

Sadly, Charlie struggled with mental health, alcohol misuse and significant self-harming episodes and frequently refused hospital treatment. He was the subject of two periods in Hospital under Section 2 of the Mental Health Act due to his repeated self-harm. Following his second period in hospital, Charlie was discharged to temporary accommodation in Brighton where he continued to self-harm and drink significant amounts of alcohol. A short while after he moved into temporary accommodation, it is believed, that Charlie took his own life.

The review identified important learning for agencies, particularly in relation to an adolescent moving into adult services, risk management and planning, self-harm, gender identify, trauma informed practice, mental health and Making Safeguarding Personal.

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**Carers Week**



Carers Week is an annual campaign to raise awareness of caring and helps people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed support.

We encourage you to recognise those who provide support to vulnerable adults who could not manage without their help. Under the Care Act, carer’s have a right to their own assessment even if the person they care for has refused an assessment of their own needs.

An assessment will look at the carer’s needs, strengths, wider support network and community, as well as the difficulties they’re experiencing – and work with them to find solutions.

Carers can complete a [Carer's Assessment](https://adultsocialcare.eastsussex.gov.uk/web/portal/pages/precarersasspage) online. If they need help to fill in their carer's assessment, Care for the Carers can assist please visit [Care for the Carers contact details](https://www.eastsussex.gov.uk/social-care/getting-help-from-us/asc-leaflets/leaflet-do-you-look-after-someone#Connect%20with%20the%20East%20Sussex%20Carers%20Centre).

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**Supporting adults with alcohol misuse**

Alcohol Change UK has published an [Alcohol Assertive Outreach Handbook](https://alcoholchange.org.uk/publication/alcohol-assertive-outreach-a-handbook). The experience of Alcohol Change UK’s Blue Light approach has shown that if people need support but don’t come into services, services may need to go out and find them through assertive outreach. That means making time to work with people in their own settings and build engagement with them through persistent and consistent interactions.

The handbook highlights the benefits of assertive outreach with people who have the most entrenched, long-standing alcohol problems, as well as other unmet complex needs.

In addition, Alcohol Change have recently published [Guidance on the identification of, and response to, cognitive impairment in dependent drinkers](https://alcoholchange.org.uk/publication/the-blue-light-approach-identifying-and-addressing-cognitive-impairment-in-dependent-drinkers?utm_source=twitter&utm_medium=socialmedia&utm_content=sab_eastsussex&utm_campaign=hootsuite_default_campaign_tracking&utm_term=399b4700-9740-4dca-b4ef-409882ebea9b).

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**Domestic Abuse Act Amendment**

[Amendment to the controlling or coercive behaviour offence (section 68)](https://www.gov.uk/government/publications/controlling-or-coercive-behaviour-statutory-guidance-framework)**:** The Domestic Abuse Act amended the controlling and coercive behaviour offence to remove the ‘living together’ requirement. This means the offence of controlling or coercive behaviour now includes abuse that takes place after a relationship has ended and when the abuser and the victim are no longer living together. The Home Office have also now published the [updated Controlling or coercive behaviour statutory guidance](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1148945/Controlling_or_Coercive_Behaviour_Statutory_Guidance_-_final.pdf).  
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**Supporting trans, non-binary and intersex adults in Sussex**

The Clare Project have [launched a new monthly drop-in space in Hastings](https://clareproject.org.uk/hastings-tnbi/) for trans, non-binary, intersex, gender-variant and gender-questioning people to come together and find out more about local support services.

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**Victims fleeing domestic abuse given lifeline payments**

Domestic abuse victims will receive direct payments to help them to leave abusive relationships. In a trial of an innovative new approach to supporting victims, the Home Office is working closely with Women’s Aid to provide £300,000 for one-off payments of £250 to victims of domestic abuse, rising to £500 where a victim has children. More information can be found on the [Women’s Aid website](https://www.womensaid.org.uk/excellent-start-as-government-announces-pilot-of-emergency-fund-for-domestic-abuse-survivors/) including eligibility.

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**SCIE Care Act 2014 Training videos**

The Care Act 2014 is a key piece of legislation in the social care sector. SCIE have developed an [online Care Act training resource](https://www.scie.org.uk/care-act-2014/legal-impact?utm_campaign=13840297_SCIELine%2011%20April%202023&utm_medium=email&utm_source=SOCIAL%20CARE%20INSTITUTE%20FOR%20EXCELLENCE%20&utm_sfid=0036f00003b51xgAAA&utm_role=Other&dm_i=4O5,88N8P,8TRHHL,XTQNV,1) with the Department of Health and Social Care, exploring duties around eight Care Act themes identified by parliament’s Social Care Committee. The training includes bite-size videos identifying the social care practitioner legal duties and the impact of the legal duties on people in the community. This resource can be used as a refresher for more experienced social care practitioners and / or during the induction of newer social care practitioners.

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**Safeguarding Training**

We currently have spaces on the following training courses:

## **Coercion and Control: multi-agency workshop for staff working with Domestic Abuse**

This workshop is for professionals who work with children, families, and adults, to learn about the nature of coercion and control within a domestic abuse relationship and have an opportunity to share their experiences.  Staff should complete the 3 Domestic Abuse e-learning modules and the Coercion and Control e-learning module before attending.

Course dates and times:

* 26th October 2023 – 9:30am-16:30pm via MS Teams

## **Domestic Abuse: SAB multi-agency training: DASH, MARAC, and Safety Planning**

Presented by Change Grow Live Domestic Abuse trainers, to provide an update on domestic abuse, exploring:

* Domestic abuse including coercion and control.
* Professional curiosity in assessing risk, safety planning.
* Stalking and 'honour'-based violence.
* High risk indicators (DASH) risk assessment tool.
* Multi-Agency Risk Assessment Conferences (MARAC)
* Safety Planning

Course dates and times:

* 16th June 2023 – 9:30am – 16:00pm via MS Teams
* 20th October 2023 – 09:30am – 20th October 2023 via MS Teams

## **Modern Slavery Awareness Workshop**

This workshop offers an opportunity for professionals to explore the context, prevalence, and types of modern slavery, spot the signs and indicators of different types of exploitation and consider the relevant legislation and legal responsibilities. Staff should complete the modern slavery eLearning course before attending.

Course dates and times:

* 15th June 2023
* 26th September 2023

## **Mental Capacity Act 2005: A Multi-Agency Approach to Complex Cases**

This workshop is designed to supplement existing Mental Capacity Act training.   For professionals who are required to conduct or contribute to mental capacity assessments and make best interest decisions in complex cases.

Course dates and times:

* 26th September 2023 – 9:30am – 12:00pm via MS Teams
* 6th November 2023 – 09:30am – 12:00pm via MS Teams

## **Safeguarding Adults Board Multi-Agency: Self Neglect**

This workshop uses research to support staff involved in the planning and delivery of interventions that support self-neglecting individuals.

Course dates, value and times:

* 24th July 2023 – 09:30 – 12:00 Via MS Teams
* 24th October 2023 - 09:30 – 12:00 Via MS Teams
* 14th February 2024 – 9:30am – 12:00 Via MS Teams

To find out more, please visit: [**Safeguarding | East Sussex County Council**](https://www.eastsussex.gov.uk/jobs/learning-portal/adult-social-care-training/safeguarding#Coercion%20and%20Control:%20A%20multi-agency%20workshop%20for%20staff%20working%20with%20Domestic%20Abuse)

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**Raising a Safeguarding Concern**

No-one should have to live with abuse or neglect - it is always wrong, whatever the circumstances. Anybody can raise a safeguarding concern for themselves or another person. Don’t assume that ‘*someone else is doing something’* about the situation.

You can raise a concern in the following ways:

**Phone:**      0345 60 80 191 (8am to 8pm 7 days a week, including bank holidays)

**Email:** [hscc@eastsussex.gov.uk](mailto:hscc@eastsussex.gov.uk)

**Online:** Via the form on the [East Sussex County Council website](https://www.eastsussex.gov.uk/socialcare/worried/report/)

**Text:**          07797 878 111

In an emergency, stay safe and call 999, You can contact the police on 101 for non-emergencies. Find out more in our [Safeguarding Leaflet](https://www.eastsussexsab.org.uk/wp-content/uploads/2022/11/Pan-Sussex-Six-Boards.pdf)**.**

Our [Pan-Sussex Safeguarding Adults Threshold Guidance](https://www.eastsussexsab.org.uk/wp-content/uploads/2020/07/Sussex-Safeguarding-Adults-Thresholds-Guidance.pdf)contains information on signs and indicators of abuse and neglect and guidance on what should be reported as a safeguarding concern.

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Suggestions or comments are welcome, or if you wish to unsubscribe contact us at [ESSAB.Contact@eastsussex.gov.uk](mailto:ESSAB.Contact@eastsussex.gov.uk)

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