



East Sussex Safeguarding Adults Board Monthly Digest

July 2024

This latest roundup includes our new Conversations in Self-Neglect podcast, a DWP Update, Wellbeing training for carers, NHS Safeguarding fortnight 2024, our newly published Strategic Plan, our newly published Professional Curiosity Toolkit and changes to Domestic Homicide Reviews.

Have an interesting item? Please get in touch
ESSAB.Contact@eastsussex.gov.uk

Conversations in Self-Neglect - First podcast now available



The first podcast in our 'Conversations in Self-Neglect' series has been published.

This podcast discusses mental capacity and has been published and developed in partnership with Hannah Lexton, East Sussex Changing Futures Manager.

You can listen to the first podcast [here](#).

Update from the Department of Work and Pensions (DWP)

Advanced Customer Support Senior Leaders (ACSSLs) work with Senior Leadership Teams across DWP to focus on the department's responsibilities to our most vulnerable customers.



Whilst DWP does not have a statutory duty of care, they recognise the positive impact a joined-up approach to safeguarding can have. The department is working to better understand how they can provide greater support for their customers most at risk, across all product lines and services. As an ACSSL, responsibilities include:

- Representing DWP at Local Authority Safeguarding Adult Reviews,
- Providing guidance and coaching to DWP colleagues, enabling a consistent service for customers who require additional support across all product lines,
- Actively participating in multi-agency boards and working with local agencies to ensure all stakeholders are clear about DWP's role and accountabilities and how we support our most vulnerable customers.

Please contact our local ACSSL for further information:

Shane.Norman@dwp.gov.uk / 07785 485609

East Sussex Technology research project for elderly launched



A research project to see if technology can boost the wellbeing of older people has been launched in East Sussex.

The Living Lab aims to look at whether using digital technology can help improve the mental and physical health of elderly adults.

To read more about the project [click here](#).

Creating consistent mental health signposting advice for adults in Sussex Partner toolkit

Mental health services in Sussex are delivered by multiple organisations, which can make it difficult for people to find and access help.

The Mental Health Services Communications Working Group (MHSCWG), a collaboration between NHS, primary care, VCSE, local authority partners and people with lived experience, was formed to help develop solutions to these challenges.



Sussex Partnership
NHS Foundation Trust

An updated partner tool kit can be found [here](#).

'There's more to me than a Learning Disability'



This small sentence sums up the great and obvious truth that having a learning disability doesn't stop a person from living a wonderfully ordinary, or indeed, extraordinary life.

To read more on this campaign, [click here](#).

SAB- Professional Curiosity Resource Pack

This [resource pack](#) aims to raise awareness of professional curiosity and how being professionally curious is necessary to fully understand a situation and the risks an adult may face, which are not always immediately obvious.



The expectation is for practitioners to share the resource pack and use it:

- in team meetings
- as part of group/individual supervision or for your own development

You can look at it as a whole or dip in or out of it at your convenience.

WRAP for Carers



Coastal Wellbeing are running wellbeing workshops for unpaid carers in East Sussex. Funded by Care for the Carers and ESCC these sessions are free to unpaid carers living in the county.

For more information and to book a place, click [here](#).

Southdown Launch Five-Year UOK East Sussex Partnership



Southdown have launched a pioneering five-year partnership with East Sussex County Council aimed at creating a future where individuals seeking mental health support experience a seamless and compassionate pathway to care, regardless of where they enter the system.

In addition to providing a network of mental health services (provided under the name of UOK East Sussex), the partnership will deliver a phased plan to improve access to integrated support, collaborating closely with people with lived experience, the NHS, and local not-for-profit and charity organisations. Maintaining consistency of support will be a key focus too.

To read more, [click here](#).

East Sussex SAB Strategic Plan 2024- 2027

The new East Sussex SAB Strategic Plan for 2024- 2027 has been published and can be viewed [here](#).



The East Sussex SAB Strategic Plan sets out:

- The vision of the Board, and the outcomes we would like to achieve for the people of East Sussex.
- Our aims and objectives for a three-year period.
- How we will work towards these objectives in the form of an annual business plan.

DHRs Renamed to DARDRs



The Home Office have confirmed that DHRs will be renamed to Domestic Abuse Related Death Reviews (DARDRs).

This was in response to stakeholder feedback that the term 'homicide' can be confusing for bereaved families and friends, and for practitioners when reviewing a case that has not been ruled a homicide. It also highlights the severity of domestic abuse related suicides and other domestic abuse related deaths.

To read the full briefing about the name change click [here](#).

Healthwatch East Sussex Annual Report 2023-2024- The Value of Listening

Healthwatch East Sussex have published their annual report for 2023/2024; entitled 'The Value of Listening'. The report includes a summary of the year and thoughts from partners.



To read the report, click [here](#).

NHS Save the Date- Safeguarding Fortnight: Hidden Harm



[NHS Sussex's safeguarding fortnight](#) will take place between 18th and 29th November. The topic is Hidden Harm.

More information about events and discussions will be available nearer the time.

Safeguarding Training.

Please see details below of the East Sussex Safeguarding Adults Board (SAB) multi-agency training courses with places still available. All these courses can be found on the [Safeguarding page on the Adult Social Care section of the East Sussex County Council Learning Portal](#).

[Safeguarding Adults Board Multi-Agency: Self Neglect – 10/03/2025](#)

[Domestic Abuse: SAB multi-agency training: DASH, MARAC and Safety Planning – 21/10/2024 & 05/02/2025](#)

[Modern Slavery Awareness Workshop – 09/09/2024 & 11/02/2025](#)

Please cascade this information to relevant staff within your agencies and promote these opportunities for continuing professional development. Courses may be delivered face to face or virtually so make sure you check the course details when booking.

e- Learning:

Some courses have prerequisite e-Learning to be completed before you attend the course. If your course requires you to complete e-Learning this will be explained in the

'Additional Information' section in the course details. To see all e-Learning modules please visit [e-learning site](#). You will need to create an account to access the e-Learning.

Get in Touch – We would love to hear from you!



Suggestions or comments are welcome, or if you wish to unsubscribe contact us at

ESSAB.Contact@eastsussex.gov.uk

You can find previous editions of our newsletter on the East Sussex SAB [website](#).