

**East Sussex Safeguarding Adults Board Monthly Digest**

**August 2023**

This latest roundup includes information about the work of one of the Subgroups of the SAB, our new Interim Independent Chair, The East Sussex Domestic & Sexual Violence & Abuse & Violence Against Women & Girls Training Prospectus for 2023-2024, The Seaview Project, Collaboration Against Exploitation programme and upcoming Training opportunities.

Have an interesting item? Please get in touch **ESSAB.Contact@eastsussex.gov.uk**

**Introducing our new interim Safeguarding Adults Board Independent Chair**

*The Board is preparing our Annual Report which details the work of the Safeguarding Adults Board in the last year. There has been a lot happening in terms of us working to continue to raise awareness of safeguarding adults within our local communities. All partners work hard to support prevention of abuse and neglect, which is one of our main aims.*

*There is a significant amount of learning and support so I would encourage every member of staff to check what is on offer below and attend to update your practice and share experiences across all partners. The value is learning together as you all bring a different perspective in your work of safeguarding the people you work with and meet every day.*

**Seona Douglas**

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**The Safeguarding Community Network**

**What is it?** The Safeguarding Community Network is a subgroup of the Safeguarding Adults Board (SAB). The main purpose of the group is to ensure adults with care and support needs, their carers and the local community have a voice in contributing to developments in adult safeguarding practice, so that their views can be reflected in the work the SAB does to improve outcomes for people who use safeguarding services.

**Who attends?** A number of local community organisations and individuals attend. They all work with, and support adults living in East Sussex or have received care and support from services in East Sussex.

**How often does the Network meet?** We meet four times a year and the chair of the Network is currently chaired by Riona Doidge who is the Volunteer and Engagement Manager with East Sussex Community Voice.

**What are the benefits of joining or attending the Network?**

* Gaining a better awareness of safeguarding adults’ issues in East Sussex
* Getting advice and information on safeguarding issues
* Hearing from services and agencies about different safeguarding issues – for example: Modern Slavery, Coercion and Control, how to make a safeguarding referral, safeguarding responsibilities for organisations working with adults.

**When is the next meeting?** The next meeting is taking place virtually on Tuesday the 19th of September from 1.30 – 3.30. During the meeting we will be hearing from Change Grow Live , an organisation which delivers STAR Drug and Alcohol and Domestic Abuse services in East Sussex.

If you would like to attend, please email gail.butler@eastsussex.gov.uk

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**East Sussex Domestic & Sexual Violence & Abuse & Violence Against Women & Girls Training Prospectus for 2023-2024**

The prospectus contains training course details (online and face to face), booking details, and costs if applicable. Courses are suitable for any worker/volunteer who may have contact with people experiencing DSVA. The course link will provide more detail around the course content, audience, and duration. The prospectus is available on our website [**here**](https://www.eastsussexsab.org.uk/wp-content/uploads/2023/07/East-Sussex-DSVA-VAWG-Training-Prospectus-2023-24.pdf)**.**

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**Seaview Project – *where health, wellbeing, and housing matter***

Every year, hundreds of vulnerable people’s lives are improved with the support and assistance provided by Seaview Project’s staff and volunteers in the Hastings and St Leonards Community.Seaview’s range of support services helps marginalised people with addiction problems, mental health issues, ex-and at-risk offenders and rough sleepers achieve personal growth and fulfilment.

Since 1985, Seaview has been providing an open-access Wellbeing Centre in the heart of St Leonards-on-Sea. The Wellbeing Centre is a vibrant place that is about helping people to achieve their full potential. The Wellbeing Centre is a thriving community where people can find friendship and support. People visiting the Wellbeing Centre are assured of a warm welcome and they are provided with food and drink, shelter, warmth, clothes, showers, and a range of activities to promote wellbeing.

To find out about all the services Seaview provide please visit their website [**here.**](https://www.seaviewproject.co.uk/what-we-do/)

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**Employability for Supported and Temporary Accommodation and Refuges (ESTAR) Moving On Up**

Moving On Up is a new initiative that offers any East Sussex resident living in temporary housing or at risk of homelessness the opportunity to earn a living wage, access an apprenticeship or job with training, and gain support from a Moving on up Mentor. For further information please visit the [**SCDA website**](https://sussexcommunity.org.uk/our-services/employment-support/employability-for-supported-and-temporary-accommodation-and-refuges-estar-moving-on-up/)

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**SHOUT Mental Health Support**

SHOUT is the UK’s first and only free, confidential, 24/7 text support service for anyone who is struggling to cope.

By texting the word SUSSEX to 85258, people can access a free, confidential, 24/7 service and have a text conversation with a trained volunteer. The volunteers offer real-time support to people who are anxious, stressed, depressed, suicidal or overwhelmed. Some people may prefer this to speaking on the phone. If appropriate, users will be signposted to other local services. Texting is anonymous and will not show up on the phone bill.

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**Collaboration Against Child Exploitation (CACE**)

Collaboration Against Child Exploitation is a 7-week programme for parents/carers whose young people are either at risk of or are experiencing Child Criminal or Child Sexual Exploitation.

The themes of the sessions include:

* What is exploitation?
* Knives and weapons
* Substances
* Emotional wellbeing
* Adolescent to parent violence
* Strengthening relationships
* Social media and online presence.

Following the programme, parents/carers continue to meet on a monthly basis. At these support groups parents are able to request further information on topics they feel are relevant for example, education or the youth justice service.

**The next group started on Wednesday 16 August**, running on a weekly basis between 6pm and 8pm, taking place at the Youth Justice Service in Hampden Park.

Any parent can attend monthly support groups:

* Hastings  - Hollington Youth Centre: Monday 31 July, 10am - 12 midday
* Eastbourne  - The Archery: Wednesday 2 August, 6pm-8pm

Parents do not need to have attended the education course to attend a support group.

To make a referral or to find out more, please email MACEFKWDUTY@eastsussex.gov.uk

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**Trauma-Informed Approaches to Working with Children, Young People and Families**

Oasis Project and Make Good Trouble present: Trauma-Informed Practice: Working with Children/Young People and Families. There are six sessions available as follows:

* Session 1 – Trauma informed working with young people
* Session 2 – Understanding Adverse Childhood Experiences
* Session 3 – Trauma and the brain
* Session 4 – Intersectionality in practice
* Session 5 – Working with families
* Session 6 – Vicarious trauma and self-care

All courses are free you just need to register an account – further information can be found on their website

[Trauma-Informed Approaches to Working with Children, Young People and Families (thinkific.com)](https://oasis-project.thinkific.com/courses/trauma-informed-working)

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**Safeguarding Training**

Please see details below of the East Sussex Safeguarding Adults Board (SAB) multi-agency training courses with **places still available**. All these courses can be found on the [Safeguarding page on the Adult Social Care section of the East Sussex County Council Learning Portal.](https://www.eastsussex.gov.uk/jobs/learning-portal/adult-social-care-training/safeguarding)

Please cascade this information to relevant staff within your agencies and promote these opportunities for continuing professional development.

Click on the link to see details of the course in which you are interested. You will find the [course booking form](https://www.eastsussex.gov.uk/jobs/learning-portal/training-and-development-booking-form) at the foot of each course description. You do not need an account to make a course booking.

Courses may be delivered face to face or virtually so make sure you check the course details when booking**.**

* [26.09.2023 Mental Capacity Act 2005: A Multi-Agency Approach to Complex Cases ASC/26/231](https://www.eastsussex.gov.uk/jobs/learning-portal/adult-social-care-training/safeguarding#Mental%20Capacity%20Act%202005:%20A%20Multi-Agency%20Approach%20to%20Complex%20Cases)
* [26.09.2023 Modern Slavery Awareness Workshop ASC/23/319](https://www.eastsussex.gov.uk/jobs/learning-portal/adult-social-care-training/safeguarding#Modern%20Slavery%20Awareness%20Workshop)
* [24.10.2023 Safeguarding Adults Board Multi-Agency: Self Neglect ASC/23/655](https://www.eastsussex.gov.uk/jobs/learning-portal/adult-social-care-training/safeguarding#Safeguarding%20Adults%20Board%20Multi-Agency:%20Self%20Neglect)

Our colleagues in the **East Sussex Safeguarding Children Partnership (ESSCP)** offer courses that are also available to SAB partner agencies. Details of forthcoming ESSCP courses which currently have places available are listed below:

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| [**Take this course**](https://www.eastsussex.gov.uk/jobs/learning-portal/childrens-workforce/voluntary-and-community-sector#Adultification%20of%20Black,%20Asian%20and%20Minority%20Ethnic%20(BAME)%20Communities%20-%20Addressing%20Barriers%20to%20Safeguarding%20Children%20Effectively%20&%20Appropriately) | **ESSCP: Adultification of Black, Asian, and Minority Ethnic (BAME) Communities - Addressing Barriers to Safeguarding Children Effectively & Appropriately (LSC806)***Date: 21/09/23**Venue: Virtual* |

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| [**Take this course**](https://www.eastsussex.gov.uk/jobs/learning-portal/childrens-workforce/voluntary-and-community-sector#Professional%20Curiosity%20and%20Professional%20Challenge%20within%20a%20Safeguarding%20Context) | **ESSCP: Professional Curiosity and Professional Challenge within a Safeguarding Context (LSC809)***Date: 03/10/23**Venue: Wellshurst Golf Club, Hellingly* |

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| [**Take this course**](https://www.eastsussex.gov.uk/jobs/learning-portal/childrens-workforce/voluntary-and-community-sector#Young%20People%20and%20Abusive%20Relationships) | **ESSCP: Young People and Abusive Relationships (LSC808)***Date: 05/10/23**Venue: Virtual* |

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| [**Take this course**](https://www.eastsussex.gov.uk/jobs/learning-portal/childrens-workforce/voluntary-and-community-sector#Harmful%20Practices%20-%20Female%20Genital%20Mutilation%20(FGM)%20and%20Breast%20Ironing) | **ESSCP: Female Genital Mutilation (FGM) and Breast Ironing - identifying and challenging harmful traditional practices (LSC797)** |
| *Date: 09/10/23**Venue: Virtual* |

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| [**Take this course**](https://www.eastsussex.gov.uk/jobs/learning-portal/childrens-workforce/voluntary-and-community-sector#Harmful%20Practices%20-%20Honour%20Based%20Abuse%20and%20Forced%20Marriage) | **ESSCP: Honour Based Violence and Forced Marriage - identifying and challenging harmful traditional practices (LSC798)***Date: 16/10/23**Venue: Virtual* |

**e- Learning:**

Some courses have prerequisite e-Learning to be completed before you attend the course. If your course requires you to complete e-Learning this will be explained in the ‘Additional Information’ section in the course details. To see all e-Learning modules please visit [e-learning site](https://eastsussex.learningpool.com/login/index.php). You will need to create an account to access the e-Learning.

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**Get in Touch – We would love to hear from you!**



Suggestions or comments are welcome, or if you wish to unsubscribe contact us at ESSAB.Contact@eastsussex.gov.uk

You can follow the latest East Sussex SAB news on our [website](https://www.eastsussexsab.org.uk/) and on Twitter @SAB\_EastSussex