



East Sussex Safeguarding Adults Board News Bulletin January 2024

This latest roundup includes the ESCC carers support leaflet, Carer's Leave Act 2023, pressure ulcer guidance, free webinar regarding health inequalities for people with a learning disability, Hourglass conference, newly published SARs and ESSAB training opportunities.

Have an interesting item? Please get in touch ESSAB.Contact@eastsussex.gov.uk

Supporting Carers Leaflet

An unpaid carer is someone who provides care and support to family members, friends, and neighbours; sometimes they can care for more than one person. The people they support may be affected by disability, physical or mental ill health, frailty, or substance misuse. Anyone can become a carer at any point in their life. Carers can also be any age from young children to the elderly.



If an adult looks after an adult who couldn't manage without their help, they have a right to have their own needs assessed. A carer's assessment looks at:

- The care they provide and how this affects their life.
- Ways they can access support and what they would like to achieve.
- Their strengths and capabilities.
- Types of support available to them in the community.

[Leaflet: Do you look after someone?](#)

Right to Carer's Leave

On 11 December 2023, the draft regulations for the Carer's Leave Act 2023 were laid in Parliament, and confirmed that the legislation will come into force from 6 April 2024

[Carers UK](#) has useful information to support employers with the implementation of the Carer's Leave Act.



Free Webinar: How to make your services inclusive of people with a learning disability

Cardiovascular disease (CVD) is one of the most common causes of premature death, and greatest drivers in health inequalities, for people with a learning disability who continue to die on average 27 years earlier than the general population ([Sussex LeDeR, 2021-22](#))



Attending the free webinar you will hear directly from people with learning disabilities about their experience of using health services and the barriers they face:

- why reasonable adjustments are so important
- what reasonable adjustments might be needed by people with learning disabilities and how these could be put in place
- your role in providing equitable access to health services and activities which help to prevent and manage cardiovascular disease (CVD)

Reserve your tickets to join the free webinar on Monday 4th March 2024, 14:00 – 15:00pm by following this link: [How to make your services inclusive of people with a learning disability Tickets, Mon 4 Mar 2024 at 14:00 | Eventbrite](#)

Pressure ulcers: how to safeguard adults guidance

This month new guidance has been published by the Department of Health and Social Care which is designed to help practitioners and managers across health and care organisations to provide caring and quick responses to people at risk of developing pressure ulcers. Pressure ulcers, which are largely preventable, cause distress to individuals and their families and create financial pressures for the NHS. While the treatment of pressure ulcers is mainly clinical, prevention is a shared responsibility.



Department
of Health &
Social Care

[Department of Health and Social Care Pressure ulcer guidance](#)

Safeguarding Adult Reviews Published in January 2024

[SAR Finley :](#)

Unfortunately, Finley passed away in November 2021, he was in his early 30s when he died. The cause of his death was drug toxicity. The ESSAB commissioned this SAR to understand the circumstances leading up to Finley's death and to support the identification of strengths and areas for development in how agencies worked together to safeguard Finley.

[SAR Gwen & Ian:](#)

A review into the circumstances surrounding two unrelated deaths has highlighted improvements that could help people in similar circumstances in the future.

East Sussex Safeguarding Adults Board (SAB) commissioned a Safeguarding Adults Review (SAR) to see what lessons could be learnt from the deaths of the two adults who accessed minimal services and where self-neglect and carers' needs were an issue.

In 2021, Gwen who was a 95-year-old woman sadly died shortly after her admission to Hospital. In 2022, following a rapid decline in Ian's mental and physical health, he was admitted to hospital and sadly died the following month

Hourglass Conference 2024: Towards a Safer Ageing Society

[Hourglass](#) charity is focused on the abuse and neglect of older people, they staff a free-to-call 24/7 helpline for older men, women and their families suffering from the five forms of abuse: physical, psychological, financial, sexual or neglect.

On the 19th March 2024, Hourglass are hosting a conference at the Brighton Amex Stadium, focusing on how the UK heads Towards a Safer Ageing Society and featuring top level launches, policy announcements and expert keynote speakers from the four nations of the UK.



Guest speakers from all four nations of the UK, government, the charity sector, academics and other key partners, including:

- Alex Davies-Jones, Shadow Domestic Abuse and Safeguarding Minister
- Representatives from the Home Office
- Farah Nazeer, CEO of Women's Aid England
- Joanna Elson CBE, CEO of Independent Age

- Mark Brooks OBE, Chair of Mankind Initiative
- Katy Bourne OBE, Police and Crime Commissioner for Sussex Police

Book your place here: [Hourglass Conference 2024: Towards a Safer Ageing Society.](#)

East Sussex Safeguarding Adults Board (SAB) multi-agency training courses with places still available

Click on the link to see details of the course you are interested in. You will find the [course booking form](#) at the foot of each course description. You do not need an account to make a course booking.

Courses may be delivered face to face or virtually so make sure you check the course details when booking.

[03.04.2024 & 20.06.24: Coercion and Control: A multi-agency workshop for staff working with Domestic Abuse ASC/24/120](#)

[04.04.2024: Modern Slavery Awareness Workshop ASC/24/128](#)

[06.02.2024: Sexual Violence and the Legal System ASC/24/36](#)

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