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East Sussex Safeguarding Adults Board News Bulletin December 2023

This latest roundup includes a report from The Centre for Justice Innovation, Alcohol Change UK, Tips From The Community Care magazine, Training Opportunities from Gamcare, Newly published SARs and ESSAB training opportunities.

Have an interesting item? Please get in touch ESSAB.Contact@eastsussex.gov.uk

Exploring women's experience of drug and alcohol treatment

The Centre for Justice Innovation have published a new report on women's experience of drug and alcohol treatment. This research set out to expand the evidence base on the needs of women who use drugs and alcohol and the ways that those needs are currently being met through a qualitative research project focused on the West Midlands,

Women who use drugs and alcohol have different needs than men. They face greater stigma, are more likely to carry the trauma of domestic abuse and are more likely to be caring for children. All of this taken together means that they may struggle to achieve recovery in a treatment system where they are outnumbered by men two to one.

[Exploring women's experience of drug and alcohol treatment in the West Midlands Report](#)

Ten top tips for keeping assessment processes strengths-focused



Community Care magazine has published a useful article on [Ten top tips for keeping assessment processes strengths-focused.](#)

The article notes assessments under the Care Act 2014 aim to enable individuals to express their wishes and preferences regarding their care and that taking a

strengths-based approach invites practitioners to put the assessment form away and engage the person in a conversation about more than just the problems they face.

Free CPD accredited Women and Gambling Related Harms Webinar



It's estimated that one million women in the UK are currently at risk of experiencing harm as a result of their gambling. Research shows that activity of gambling websites popular with women peaks in the winter months, with total average traffic between **[December and March up by 29% compared to the rest of the year.](#)**

Professionals being aware of where to signpost clients and service users is key to them getting the help and support they need.

Please find below the upcoming webinar dates below to book via the Gamcare [Eventbrite Booking Page](#).

- Thursday 14th December 2023 10:00-12:00
- Monday 15th January 2024 10:00-12:00
- Thursday 25th January 2024 10:00-12:00

Filling in the gaps – A guide to supporting people experiencing co-occurring alcohol use and self-harm issues



A new Alcohol Change UK guide for practitioners makes the case for holistic approaches to alcohol and mental health issues. Please find the report here: [Filling in the gaps](#)

Safeguarding Adult Reviews Published in December 2023

[SAR Hannah](#): Tragically, in May 2022, Hannah died as a result of a head injury she sustained at home. Hannah was dependant on alcohol at the time of her death and the physical harm caused by alcohol was significant. She had multiple inpatient hospital admissions under several medical specialities and was taking a variety of

medications and treatments. The review explored areas of learning specific to Hannah's case:

- Self-neglect and the harm caused by alcohol.
- Multi-agency approaches to management of risk.
- Consideration of carers.
- Understanding the person.

[SAR Donna](#): Tragically, in July 2021, Donna who was a 42-year-old white British woman and alcohol dependent, died unexpectedly shortly before her 43rd birthday. Her medical cause of death was "sudden unexplained death in alcohol misuse."

The ESSAB commissioned this SAR to understand the circumstances leading up to Donna's death and to support the identification of strengths and areas for development in how agencies worked together to safeguard Donna.

East Sussex Safeguarding Adults Board (SAB) multi-agency training courses with places still available

Click on the link to see details of the course you are interested in. You will find the [course booking form](#) at the foot of each course description. You do not need an account to make a course booking.

Courses may be delivered face to face or virtually so make sure you check the course details when booking.

[23.01.2024 Modern Slavery Awareness Workshop ASC/24/65](#)

[14.02.2024 Safeguarding Adults Board Multi-Agency: Self Neglect ASC/24/43](#)

[22.02.2024 Coercion and Control: A multi-agency workshop for staff working with Domestic Abuse ASC/24/120](#)

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